

The war between heart and mind

What comes to your mind and what kind of things do you imagine when you hear the word “war”? A place where there is conflict among the people around you or a battle among the two countries violating each other’s rights and freedom without any humanities. But when you go in deep thinking about the term “war” it can be the combat between your heart and mind, isn’t it? Which one do you think is more serious, war among the nation? However, according to my perspective I think the fight between our heart and mind is hard.

The year before the last, I was a student of grade 10 and in class 10 we have to give SEE where SEE stands for Secondary Education Examination. In past there used to SLC which refers to School Leaving Certificate but now it’s in grade 12 as grade 12 is regarded as school level. So when I was in class 10 my study was getting worse as compare to my previous once. Everyone in the school had high expectation on me but I wasn’t able to fulfill their expectation. It was like I want to study as well as at a same time I felt like I don’t want to do anything. There was a battle between my heart and my mind. My mind used to tell me rest for a while and don’t pressure yourself, just chill whereas my heart told me to study and said you can do it. Similarly, my heart was afraid whether I will be able to go my best or will I be able to join science stream as a biology student in order to fulfill my aim. I was afraid of not being successful in my life.

It was difficult to control my heart and mind, I used to cry a lot without knowing the reason. I was in the situation where I said I can do it but not at a same time. To overcome this situation I got consultation and start to have faith on me myself. I believe that it is going to be okay though it will take time. Likewise I told myself this is happening for some reason together with I told myself that any how you have to fulfill your aim. Like a miracle, I did very well in my pre-board. My previous school teacher told me that I was the one who did best among my classmate. From there also I seek motivation and promise myself that I am going to do my best in my SEE and fulfill every criteria for joining in science stream. I accomplished my promise, I was again the one who did best among all. The position holder of my class didn't did well like they used to do in school. Everyone was happy and satisfied as I did.

What I learned from this situation is everything is possible if you have faith in yourself. Even the word 'impossible' says I am possible. In order to be strong you must overcome every phases of obstacles. During your journey from birth to death you have to face different kind of problems. Life is not much interesting if there is no struggle.

Name: Ananya Shrestha

Age: 17 years

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